

GET OUT *and* STAY ALIVE

Get Out and Stay Alive is a program designed to help save your life in case you find yourself in a fire situation. This program focuses on three main topics: Getting Out, Prevention, and Protection.

GETTING OUT

If you get caught in a fire situation, survival is your top priority. You should:

FEEL THE DOOR HANDLE

- If the door handle is hot, don't open it
- Go to a window and call for help
- If the handle is not hot, open cautiously
- Check for smoke or fire before going out

GET OUT OF THE BUILDING BEFORE PHONING FOR HELP

- Don't take time to phone before leaving
- Get out and find a phone

PULL THE FIRE ALARM ON YOUR WAY OUT

DON'T LOOK FOR OTHER PEOPLE OR GATHER UP YOUR STUFF

- Knock on doors as you leave
- Yell "FIRE!" as you leave
- Don't hesitate or stray from your path as you leave

CRAWL LOW TO THE FLOOR

- Thick smoke can make it impossible to see
- Toxic chemicals from smoke can be deadly in minutes

CLOSE THE DOOR BEHIND YOU

- You may help keep the fire from spreading
- You may protect your possessions from fire and smoke damage

IF YOU CAN'T GET OUT, GET SOMEONE'S ATTENTION

- Yell and scream
- Hang a sheet from the window
- Stay low, there is less smoke and poisonous gasses close to the floor

PREVENTION

Fires can be prevented from starting if you take some simple precautions:

TAKE RESPONSIBILITY FOR PREVENTION

- Assign a non-impaired "event monitor"
- Clean up immediately after parties and take all trash outside
- Do not overload electrical outlets
- Keep space heaters and halogen lamps away from flammables
- Put out candles and incense when unattended
- Extinguish all smoking materials thoroughly
- Don't smoke while tired or impaired

PROTECTION

You can also protect yourself from becoming trapped in a fire situation by following some important suggestions:

CHECK SMOKE ALARMS

- Be sure they are in proper working condition
- Install new batteries at the beginning of each semester

PLAN ESCAPE ROUTES

- Know where all exits are located in the building
- Practice your escape plan

TAKE FIRE ALARMS SERIOUSLY

- Do not ignore fire alarms
- Do not wait to see fire or smoke
- Do not worry about grabbing your stuff

Tampering with smoke alarms, pulling false alarms or misusing fire protection equipment may be a criminal offense. These are dangerous pranks and should be reported immediately.

MAKE A PLAN

You can make a plan for your own fire safety and protection as soon as you get home. Use the following checklist:

- Check to make sure your smoke alarms are working--Change the batteries
- Find all possible exits from your room or residence
- Make a fire escape route plan that includes two escape routes
- Practice your fire escape route plan
- Perform a "home inspection" for fire and safety hazards
- Tell your roommates about your plan
- Call your local fire department for more information about student housing fire safety

For More Information contact:

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Emmitsburg, MD 21727
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