

Master's in Clinical Mental Health Counseling Program

Annual Report – August 2019-July 2020

1. Program Evaluation Results:

a. Advanced Counseling Skills was taught for the first time at both the Elgin and Rockford Campuses. Students reported feeling better prepared to begin Practicum and Internship as a result of the course.

b. Course Outcomes

i. ACC Key Performance Indicators Based on CACREP 2016 Standards

Spring 2019-Spring 2020

1. Professional Counseling Orientation and Ethical Practice

Core Area	Point of Measurement	Method of Measurement	Analysis
Knowledge 1a. History and philosophy of the counseling profession and its specialty areas	MHC 501	Online quiz	Average score 92% (N=20)
	MHC 535	Online quiz	Average score 88.5% (N=38)
Skill 1b. Strategies for personal and professional self-evaluation and implications for practice	MHC 512	Self-evaluation Assessment & Report	Average score 79.1% (N=22)
	MHC 516	Role Play Journal	Average score 82.9% (N=43)

2. Social and Cultural Diversity

Knowledge 2a. The impact of spiritual beliefs on clients' and counselors' worldviews	MHC 501	Journal	Average score 93.3% (N=20)
	MHC 529	Professional Development Plan	Average score 86.3% (N=34)
Skill 2b. Multicultural counseling competencies	MHC 529	Discussion questions	Average score 93.4% (N=34)
	MHC 625	Journals	Average score 98.6% (N=13)

3. Human Growth and Development

Knowledge 3a. Theories of individual and family development across the lifespan	MHC 510	Research Paper	Average score 79.2% (N=21)
	MHC 525	Session Review	Average score 81.1% (N=19)
Skill 3b. Ethical and culturally relevant strategies for promoting resilience and optimum development and wellness across the lifespan	MHC 510	Ethical Issue Presentation	Average score 98.1% (N=21)
	MHC 516	Ethics Journal	Average score 82.1% (N=43)

4. Career Development

Knowledge 4a. Approaches for conceptualizing the interrelationships among and between work, mental well-being, relationships, and other life roles and factors	MHC 620	Informational Interview Report	Average score 87.9% (N=25)
	MHC 525	Weekly Journals	Average score 93.8% (N=19)
Skill 4b. Strategies for assessing abilities, interests, values, personality and other factors that contribute to career development	MHC 620	Career Assessment Interpretation	Average score 88.4% (N=25)
	MHC 607	Case Evaluation	Average score 94.21% (N=14)

5. Counseling and Helping Relationships

Knowledge 5a. Evidence-based counseling strategies and techniques for prevention and intervention	MHC 607	Diagnostic Paper	Average score 91% (N=14)
	MHC 545	Impact of Substance Use Paper	Average score 88.9% (N=31)
Skill 5b. Essential interviewing, counseling, and case conceptualization skills	MHC 516	Final Video	Average score 87% (N=43)
	MHC 625	Counseling Session Review	Average score 94.8% (N=13)
	MHC 616	Counseling Demo & Reflection	Average Score 91.5% (N=4)

6. Group Counseling and Group Work

Knowledge 6a. Dynamics associated with group process and development	MHC 542	Group Proposal	Average score 92.7% (N=23)
	MHC 535	Group Couples Treatment Plan	Average score 88.88% (N=38)
Skill 6b. Ethical and culturally relevant strategies for designing and facilitating groups	MHC 542	Group Facilitations	Average score 97.6% (N=23)
	MHC 625	Portfolio	Average score 100% (N=13)

7. Assessment and Testing

Knowledge 7a. Methods of effectively preparing for and conducting initial assessment meetings	MHC 607	Case Evaluation	Average score 94.21% (N=14)
	MHC 625	Counseling Session Review	Average score 94.8% (N=13)
Skill 7b. Use of assessments relevant to academic/educational, career, personal, and social development	MHC 620	Oral Presentation	Average score 95.4% (N=25)
	MHC 607	Case Evaluation	Average score 94.21% (N=14)

8. Research and Program Evaluation

Knowledge 8a. The importance of research in advancing the counseling profession, including how to critique research to inform counseling practice	MHC 517	Research Paper	Average score 81.3% (N=16)
	MHC 532	Journal Critique	Average score 82.5% (N=42)
Skill 8b. Identification of evidence-based counseling practices	MHC 515	Personal Theory Paper	Average score 91.6% (N=39)
	MHC 532	Journal Critique	Average score 82.5% (N=42)

CACREP CMHC Standards

Specialty Area	Point of Measurement	Method of Measurement	Analysis
Knowledge a. Etiology, nomenclature, treatment, referral, and prevention of mental and emotional disorders	MHC 607	Diagnostic Paper	Average score 91% (N=14)
	MHC 527	Treatment Planning Paper	Average score 100% (N=6)
Skill b. Intake interview, mental status evaluation, biopsychosocial history, mental health history, and psychological assessment for treatment planning and caseload management	MHC 525	Session Review	Average score 81.1% (N=19)
	MHC 625	Counseling Session Review	Average score 94.8% (N=13)

c. Student Evaluation Results 2019-2020

MHC504 Fundamentals of Human Services N=8	Accomplish Learning Outcomes as Stated in Syllabus	Intellectually Challenged Me	Activities/Assignments Helped Me Meet Outcomes	Environment/Tools Conducive to Learning	Teaching Strategies Enhanced Learning
Expected Amount	38%				
More Than Usual	38%				
Usual	13%				
Less Than Usual	13%				
Almost Nothing					
Strongly Agree		63%	29%	25%	50%
Agree		25%	57%	38%	25%
Neutral		13%	14%	25%	13%
Disagree					
Strongly Disagree					
N/A					13%

MHC510 Human Growth and Lifespan (Online) N=6	Accomplish Learning Outcomes as Stated in Syllabus	Intellectually Challenged Me	Activities/Assignments Helped Me Meet Outcomes	Environment/Tools Conducive to Learning	Teaching Strategies Enhanced Learning
Expected Amount	33%				
More Than Usual	33%				
Usual	17%				
Less Than Usual	17%				
Almost Nothing					
Strongly Agree		50%	33%		50%
Agree		33%		17%	
Neutral		17%	50%	17%	
Disagree				17%	
Strongly Disagree			17%	33%	50%
N/A					

MHC512 Interpersonal Relations and Leadership Development N=6	Accomplish Learning Outcomes as Stated in Syllabus	Intellectually Challenged Me	Activities/Assignments Helped Me Meet Outcomes	Environment/Tools Conducive to Learning	Teaching Strategies Enhanced Learning
Expected Amount	17%				
More Than Usual	67%				
Usual	17%				
Less Than Usual					
Almost Nothing					
Strongly Agree		67%	40%	50%	50%
Agree			20%	17%	50%
Neutral		33%	40%	17%	
Disagree					
Strongly Disagree				17%	
N/A					

MHC515 Counseling Theory N=7	Accomplish Learning Outcomes as Stated in Syllabus	Intellectually Challenged Me	Activities/Assignments Helped Me Meet Outcomes	Environment/Tools Conducive to Learning	Teaching Strategies Enhanced Learning
Expected Amount	43%				
More Than Usual	57%				
Usual					
Less Than Usual					
Almost Nothing					
Strongly Agree		86%	71%	43%	86%
Agree		14%	29%	57%	14%
Neutral					
Disagree					
Strongly Disagree					
N/A					

MHC515 Counseling Theory Online N=7	Accomplish Learning Outcomes as Stated in Syllabus	Intellectually Challenged Me	Activities/Assignments Helped Me Meet Outcomes	Environment/Tools Conducive to Learning	Teaching Strategies Enhanced Learning
Expected Amount	29%				
More Than Usual	57%				
Usual	14%				
Less Than Usual					
Almost Nothing					
Strongly Agree		71%	57%	57%	86%
Agree		29%	43%	14%	
Neutral					14%
Disagree					
Strongly Disagree					
N/A				29%	

MHC516 Counseling Techniques N=22	Accomplish Learning Outcomes as Stated in Syllabus	Intellectually Challenged Me	Activities/Assignments Helped Me Meet Outcomes	Environment/Tools Conducive to Learning	Teaching Strategies Enhanced Learning
Expected Amount	23%				
More Than Usual	50%				
Usual	27%				
Less Than Usual					
Almost Nothing					
Strongly Agree		73%	45%	36%	
Agree		23%	45%	41%	
Neutral			4.5%	9%	
Disagree		4%	4.5%	14%	
Strongly Disagree					
N/A					

MHC517 Professional, Legal, and Ethical Issues in Clinical Mental Health Counseling N=3	Accomplish Learning Outcomes as Stated in Syllabus	Intellectually Challenged Me	Activities/Assignments Helped Me Meet Outcomes	Environment/Tools Conducive to Learning	Teaching Strategies Enhanced Learning
Expected Amount	33%				
More Than Usual	67%				
Usual					
Less Than Usual					
Almost Nothing					
Strongly Agree		100%	100%		100%
Agree				100%	
Neutral					
Disagree					
Strongly Disagree					
N/A					

MHC527 Maladaptive Behaviors N=11	Accomplish Learning Outcomes as Stated in Syllabus	Intellectually Challenged Me	Activities/Assignments Helped Me Meet Outcomes	Environment/Tools Conducive to Learning	Teaching Strategies Enhanced Learning
Expected Amount	9%				
More Than Usual	82%				
Usual	9%				
Less Than Usual					
Almost Nothing					
Strongly Agree		73%	64%	64%	55%
Agree		27%	36%	27%	45%
Neutral				9%	
Disagree					
Strongly Disagree					
N/A					

MHC529 Multicultural Counseling N=15	Accomplish Learning Outcomes as Stated in Syllabus	Intellectually Challenged Me	Activities/Assignments Helped Me Meet Outcomes	Environment/Tools Conducive to Learning	Teaching Strategies Enhanced Learning
Expected Amount	20%				
More Than Usual	60%				
Usual	20%				
Less Than Usual					
Almost Nothing					
Strongly Agree		47%	57%	40%	67%
Agree		40%	29%	53%	20%
Neutral		7%	7%		7%
Disagree				7%	7%
Strongly Disagree		7%	7%		
N/A					

MHC532 Research and Evaluation Methods N=29	Accomplish Learning Outcomes as Stated in Syllabus	Intellectually Challenged Me	Activities/Assignments Helped Me Meet Outcomes	Environment/Tools Conducive to Learning	Teaching Strategies Enhanced Learning
Expected Amount	10%				
More Than Usual	59%				
Usual	24%				
Less Than Usual	7%				
Almost Nothing					
Strongly Agree		90%	52%	48%	69%
Agree		7%	38%	38%	28%
Neutral		1%	10%	7%	3%
Disagree				3%	
Strongly Disagree				3%	
N/A					

MHC535 Family Dynamics N=26	Accomplish Learning Outcomes as Stated in Syllabus	Intellectually Challenged Me	Activities/Assignments Helped Me Meet Outcomes	Environment/Tools Conducive to Learning	Teaching Strategies Enhanced Learning
Expected Amount	12%				
More Than Usual	42%				
Usual	38%				
Less Than Usual	8%				
Almost Nothing					
Strongly Agree		50%	50%	27%	27%
Agree		35%	41%	35%	19%
Neutral		3.5%	3%	8%	27%
Disagree		8%	3%	19%	15%
Strongly Disagree		3.5%	35	8%	12%
N/A				3%	

MHC542 Group Counseling N=4	Accomplish Learning Outcomes as Stated in Syllabus	Intellectually Challenged Me	Activities/Assignments Helped Me Meet Outcomes	Environment/Tools Conducive to Learning	Teaching Strategies Enhanced Learning
Expected Amount					
More Than Usual	75%				
Usual	25%				
Less Than Usual					
Almost Nothing					
Strongly Agree		50%	75%	25%	75%
Agree		50%	25%	50%	25%
Neutral				25%	
Disagree					
Strongly Disagree					
N/A					

MHC607 Clinical Assessment, Diagnosis, and Treatment N=3	Accomplish Learning Outcomes as Stated in Syllabus	Intellectually Challenged Me	Activities/Assignments Helped Me Meet Outcomes	Environment/Tools Conducive to Learning	Teaching Strategies Enhanced Learning
Expected Amount					
More Than Usual	67%				
Usual	33%				
Less Than Usual					
Almost Nothing					
Strongly Agree		67%	33%		33%
Agree			33%	67%	33%
Neutral		33%	33%	33%	33%
Disagree					
Strongly Disagree					
N/A					

MHC620 Career Counseling N=11	Accomplish Learning Outcomes as Stated in Syllabus	Intellectually Challenged Me	Activities/Assignments Helped Me Meet Outcomes	Environment/Tools Conducive to Learning	Teaching Strategies Enhanced Learning
Expected Amount	55%				
More Than Usual	45%				
Usual					
Less Than Usual					
Almost Nothing					
Strongly Agree		36%	82%	82%	91%
Agree		55%	18%	18%	9%
Neutral		9%			
Disagree					
Strongly Disagree					
N/A					

MHC525 Counseling Practicum N=12	Accomplish Learning Outcomes as Stated in Syllabus	Intellectually Challenged Me	Activities/Assignments Helped Me Meet Outcomes	Environment/Tools Conducive to Learning	Teaching Strategies Enhanced Learning
Expected Amount	17%				
More Than Usual	75%				
Usual	8%				
Less Than Usual					
Almost Nothing					
Strongly Agree		58%	25%	25%	33%
Agree		17%	50%	42%	42%
Neutral		25%	25%	33%	17%
Disagree					8%
Strongly Disagree					
N/A					

MHC625A Counseling Internship N=2	Accomplish Learning Outcomes as Stated in Syllabus	Intellectually Challenged Me	Activities/Assignments Helped Me Meet Outcomes	Environment/Tools Conducive to Learning	Teaching Strategies Enhanced Learning
Expected Amount	50%				
More Than Usual					
Usual	50%				
Less Than Usual					
Almost Nothing					
Strongly Agree		50%	100%	50%	50%
Agree		50%			50%
Neutral				50%	
Disagree					
Strongly Disagree					
N/A					

MHC625B Counseling Internship N=8	Accomplish Learning Outcomes as Stated in Syllabus	Intellectually Challenged Me	Activities/Assignments Helped Me Meet Outcomes	Environment/Tools Conducive to Learning	Teaching Strategies Enhanced Learning
Expected Amount	25%				
More Than Usual	37.5%				
Usual	37.5%				
Less Than Usual					
Almost Nothing					
Strongly Agree		50%	25%	12.5%	37.5%
Agree		25%	50%	50%	37.5%
Neutral		25%	12.5%	12.5%	
Disagree			12.5%	12.5%	25%
Strongly Disagree					
N/A				12.5%	

MHC625C Counseling Internship N=6	Accomplish Learning Outcomes as Stated in Syllabus	Intellectually Challenged Me	Activities/Assignments Helped Me Meet Outcomes	Environment/Tools Conducive to Learning	Teaching Strategies Enhanced Learning
Expected Amount	33%				
More Than Usual	67%				
Usual					
Less Than Usual					
Almost Nothing					
Strongly Agree		67%	50%	12%	50%
Agree		33%	33%	67%	50%
Neutral					
Disagree			12%	12%	
Strongly Disagree					
N/A					

MHC625D Counseling Internship N=4	Accomplish Learning Outcomes as Stated in Syllabus	Intellectually Challenged Me	Activities/Assignments Helped Me Meet Outcomes	Environment/Tools Conducive to Learning	Teaching Strategies Enhanced Learning
Expected Amount	25%				
More Than Usual	75%				
Usual					
Less Than Usual					
Almost Nothing					
Strongly Agree		50%	50%	25%	75%
Agree		50%	25%	75%	25%
Neutral			25%		
Disagree					
Strongly Disagree					
N/A					

2. Subsequent Program Modification:
 - a. COVID-19 impacted the program in a variety of ways during 2020. Classes had to be taught using virtual platforms for multiple months until in-person classes could resume. Virtual platforms were used in conjunction with in-person classes in order to maintain social distancing and accommodate those who had to quarantine due to COVID-19 exposure.
3. Substantial Program Changes
 - a. The Clinical Mental Health Counseling Program Chair Dr. Amber Randolph left the program in July 2020.
 - b. Dr. Kimberly Schellin-Rog became the Program Chair in September of 2020.
4. Additional Program Information:
 - a. Total Number of Graduates for 2019-2020: 13
 - b. Pass Rates on Credentialing Exams 2018-2019: 100% (NCE is required for counselor licensure in Illinois. However, students can choose to take the NCE and NCMHCE at the same time in pursuit of the LCPC credential, so not all the JU graduates have taken it. This percentage is based on 18/19 data as we are still gathering information for the previous academic year, delayed due to the pandemic).
 - c. Completion Rates for 2019-2020: 40% (Data is based on IPEDs reporting structure, in this case, the completion rate is based on a cohort of 5 starting in Fall 2017).
 - d. Job Placement Rate for 2019-2020: 66.67% (data available for just 6 out of 13 students; low response due to COVID).
 - e. 27 Students were admitted to the Master's in Clinical Mental Health Counseling Program Fall 2019-Spring 2020.
 - i. 18 to the Elgin Campus
 - ii. 9 to the Rockford Campus
 - f. 2 Students dismissed from the program due to low academic GPA.